

# Fight Inflammation: The Power of Food

*Nutrition Education & Food Demo*

**Wednesday, June 6 ▪ 7:00 p.m.**

**Bernards Township Library  
32 South Maple Ave., Basking Ridge, NJ**



**Register: 908-204-2520 OR <https://www.livingplate.org/>**

*In Conjunction with:*



*Promoting Public Health*

Bernards Township **Health** Department

262 S. Finley Ave., Basking Ridge, NJ 07920 ▪ [www.bernardshealth.org](http://www.bernardshealth.org) ▪ P. 908-204-2520