

# HEALTH MATTERS



Promoting Public Health

Bernards Township Health Department

## Flu Shot Clinics

No charge with valid Medicare  
Residents \$25 Non-Residents \$35  
All shots are *Quadrivalent vaccine*

\*\*\* Adults & Children over Age 4 \*\*\*

Wed, Oct 11	St. James Church , BR	9 -11 am
Thurs, Oct 12	MASH, 1 Heritage Dr, Mendham	9 -11 am
Wed, Oct 18	Long Hill Town Hall	9 -11 am
Fri, Oct 20	Peapack-Gladstone Town Hall	9 -11 am
Sat, Oct 21	Bernards Twp Community Ctr	9 -11 am
Tues, Oct. 24	Bernards Twp Community Ctr	3:30-5:30 pm

## PRINT FLYER

*“Flu vaccination can reduce flu illnesses and prevent flu-related hospitalizations.” Centers for Disease Control*

## Empower Your Teen through Love, Logic, & Connection A Parent Workshop

Monday, October 16 at 7 pm

[PRINT FLYER](#)

## Proactive Parent

A Parent Workshop



Wednesday, October 25  
7:00 pm

[PRINT FLYER](#)

## Interested in tick-borne illnesses?

Are you over 18 years old?

VOLUNTEERS needed for...  
Quick, Online Survey about



TICK-BORNE ILLNESSES &  
THE BUILT ENVIRONMENT

[If so, Print directions here...](#)

## Under Pressure?

Depression, Anxiety, and Your Body  
Thurs., October 26 at 7 pm

Bernards Twp. Town Hall  
1 Collyer Lane, Basking Ridge



Free and Open to All

[PRINT FLYER](#)

[Read about bear safety here.](#)



## Radon Testing Kits



Available  
\$10 per kit

Pick up at: BT Health Dept

[Learn More](#)

Bernards Township HEALTH Department  
262 South Finley Ave.  
Basking Ridge, NJ 07920

P. 908-204-2520  
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[www.bernardshealth.org](http://www.bernardshealth.org)

The Bernards Township Health Department is the *contractual* health agency serving:  
Bernards Township, Bernardsville Borough, Chester Borough, Long Hill Township,  
Mendham Borough, and Peapack and Gladstone Borough.

To remove your name from our mailing list, please [click here](#).

Questions or comments? E-mail us at [health@bernards.org](mailto:health@bernards.org) or 908.204.2520