



Transitioning to a Plant-based Diet

Nutrition Education & Food Demo

**Wednesday, October 4th
7:00 p.m.**

**Douglas Hall, Liberty Corner Presbyterian Church
45 Church St., Liberty Corner, NJ 07938**

FREE– Registration Required

Register at:

<http://livingplate.com> OR Call 908-204-2520



Promoting Public Health

Bernards Township Health Department

The Bernards Township Health Department is the Contractual Health Agency serving:

Bernards Township • Bernardsville Borough • Chester Borough • Long Hill Township • Mendham Borough • Peapack and Gladstone Borough