



## **Morris County OEM Urges Caution During Heat Advisory Local Cooling Centers May Open if Conditions Worsen**

Dear Mendham Borough Residents,

The Morris County Office of Emergency Management has sent out a press release regarding the current Heat Advisory and potential opening of cooling centers around the county. They are urging residents to take precautions throughout the advisory, which remains in effect through 8 p.m. Wednesday, July 30.

Heat indexes are expected to reach up to 104 degrees, increasing the risk of heat-related illness, particularly for young children, older adults, individuals with chronic health conditions, and pets.

### **Tips to Stay Safe During Extreme Heat:**

- Drink plenty of fluids to stay hydrated.
- Avoid outdoor activities during peak heat hours.
- Remain in air-conditioned spaces as much as possible.
- Check on elderly neighbors, individuals with special needs and those without access to cooling.
- Never leave children or pets unattended in vehicles or outside in extreme heat.

Contact NJ 211 for information on available cooling centers in the area.

For ongoing updates about our County, follow the Morris County Office of Emergency Management on Facebook or visit the OEM webpage for information about local cooling centers: [morriscountynj.gov/OEM/Cooling-Centers](http://morriscountynj.gov/OEM/Cooling-Centers). Morris County OEM can also be reached by phone, 973-829-8600, or email: [oem@co.morris.nj.us](mailto:oem@co.morris.nj.us).

Regards,  
Mayor James "Jim" Kelly

Handwritten signature of James Kelly